



## Food and Drink Policy

We are committed to reviewing our policy and good practice annually.

Ministry of Kids regards snack and meal times as an important part of the session/day and we do it in different ways: outside, inside, at a table, around the campfire, picnicking on a tarpaulin.

Eating represents a social time for children and adults and helps children to learn about healthy eating. Ministry of Kids provides nutritious food, which meets the children's individual dietary needs.

Where appropriate we involve the children in the preparation of snacks and meals. For example; peeling fruit, making cakes, mixing sauces and toasting marshmallows. The activities are age-appropriate and following health & safety guidelines at all times.

We aim to meet the full requirements of Ofsted's Care Standards on Food and Drink:

[www.food.gov.uk/business-industry/caterers/startingup/childminders](http://www.food.gov.uk/business-industry/caterers/startingup/childminders)

Before a child attends Ministry of Kids, we find out from parents their children's dietary needs, including any allergies. All staff and volunteers are fully informed about individual children's dietary needs. Children receive only food and drink which is consistent with their dietary needs and their parents' wishes. Through indication on booking forms and follow up discussions with parents we obtain information about the dietary rules of the religious groups, to which children and their parents belong, and of vegetarians and vegans, and about food allergies. We take account of this information in the provision of food and drinks.

We have fresh drinking water constantly available for the children. We inform the children about how to obtain the water and that they can ask for water at any time during the session/day.

Due to current Covid-19 restrictions, serving and preparing food will be kept to a minimum to prevent cross-contamination.

This policy was adopted by: Ministry of Kids	Date: January 2021
To be reviewed: January 2022	Signed: <a href="#">Clare Wells</a>